

It Is Time to Create Your Heart's Desires

Having a heart's desire is not the same as having a goal that you want to work toward. You may have the goal of fitting into your old jeans that have been tucked away in your closet for years. That is simply a goal of yours. Having a heart's desire has much more meaning. Goals are great, but pursuing what is in your heart is a must in order to live a life filled with purpose and meaning. Life is too short not to take action. None of us know how long we will be here. Putting off your heart's desires can lead to you having an unfulfilled, empty life, which will only create regrets. You have certain desires for a reason, which is to make them a reality. You need to believe that this is true and do your part to make that happen. When we are obedient to God's will for our life, the end results are ALWAYS POSITIVE! His will for your life is for you to make your heart's desires a reality.

Your heart may simply desire peace, or you may want to help eradicate hunger throughout the world. Only you and God truly know what is in your heart. You have everything within you to bring this to fruition. Do not let anyone hold you back from what is meant for your life. Accomplishing your heart's desires will make your heart sing with incredible joy!

For years, I felt a strong desire to give love and acceptance to children in need. I was fortunate to travel to India a few years ago with a small group for two weeks, and had a magical experience when all forty or so children in one village started following me around. When I began to sing a few lines from a child's song in English, they did their best to sing it back. I spent several hours teaching the children over twenty children's songs in English as they laughed, skipped, and beamed with joy. When it was time for me

to leave, they begged me to stay, hugging me tightly one by one. I felt so sad saying good-bye to them. Later our tour guide told me that he had been doing this for many years and had never seen those children respond so positively to anyone. Magic can happen when you carry out your heart's desires. It was an experience I will treasure forever!

“If you want happiness for an hour, take a nap.

If you want happiness for a day,

go fishing. If you want happiness for a year,

inherit a fortune. If you want

happiness for a lifetime, help somebody.

Chinese Proverb

Your Heart's Desires

What has God put in your heart? Have you ever wanted to help people in need? Is it in your heart to volunteer, so that you could positively impact someone? Do you have a special talent that you have not focused on in years? Perhaps you have always wanted to travel to Italy. What has been stopping you from pursuing your heart's desires? Have you ever thought about how you would feel once you accomplish what is in your heart? I know first hand that you will experience an incredible amount of joy!

I am passionate not only about making a difference in people's lives, but also about helping animals. I have always been a big animal lover. For a while, it was in my heart to give my local animal shelter some jewelry that I'd collected over the past fifteen years. I felt great knowing that I was going to be helping the animals by giving them those things. As I was dropping off the items, I told one of the owners that I

wanted the shelter to have some really good jewelry, for which I gave him a copy of an appraisal that I had. I was hoping that they would auction off one of the pieces of jewelry I gave them, so that they could make a nice profit that would help the animals.

The next week, I went back to the shelter so that I could donate some more things. As soon as I walked toward the shelter's thrift shop, a gentleman I had never seen before greeted me. I told him that I had some more jewelry and other things for the shelter. I also mentioned that I donated one particularly good piece of jewelry the week before. He immediately said to me with great excitement in his voice, "You are Campbell." I was so surprised that he knew my last name. How did he know my last name? He proceeded to say that people were touched by what I gave the shelter the week before and that I had no idea what I had done for them. He also said that one of the women who worked for him purchased a bracelet that I gave them and that she was crying as she told him that she never owned anything so nice in her life. He mentioned that my donations were really going to help the shelter, especially since they were struggling.

As I walked in the thrift shop with that gentleman, carrying some of my donations, he firmly said in front of everyone, "Guess who this is?" Everyone looked clueless. He then said, "This is Campbell." One woman immediately ran over to me and said, "Oh my God, can I hug you?" After I gave her a hug, she said, "Thank you so much for the donations." The ten minutes that I spent that day at the SPCA completely touched my heart. I was awed by that experience. I had no idea that what I was donating would have so great an impact.